

SAFETY DATA SHEET



1. Identification

Product name : Lemsip Max Cold & Flu with Decongestant Capsules

SDS no. : D8415911

Formulation # : FF0137214

Supplier : AUSTRALIA
Reckitt Benckiser (Australia) Pty Limited
680 George St , Sydney, NSW 2000
Tel: +61 (0)2 9857 2000

NEW ZEALAND
Reckitt Benckiser (New Zealand) Limited
Level 2, B:HIVE+, AIA HOUSE Smales Farm
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Poison Information contact: : Australia - 13 11 26
New Zealand - 0800 764 766 or 0800 POISON

Uses

Product use : Medicinal product, Consumer use

2 Hazard identification

Classification of the substance or mixture : ACUTE TOXICITY (oral) - Category 4

GHS label elements

Hazard pictograms :



Signal word : **WARNING**

Hazard statements : **Harmful if swallowed.**

Precautionary statements

General : Keep out of reach of children. If medical advice is needed, have product container or label at hand.

Prevention : Do not eat, drink or smoke when using this product. Wash hands thoroughly after handling.

Response : Not applicable.

Storage : Not applicable.

Disposal : Dispose of contents and container in accordance with all local, regional, national and international regulations.

3 Composition/information on ingredients

Substance/mixture : Mixture

Ingredient name	% (w/w)	Identifiers
paracetamol	≥75 - ≤90	CAS: 103-90-2 EC: 203-157-5
Starch	≤5	CAS: 9005-25-8 EC: 232-679-6

There are no additional ingredients present which, within the current knowledge of the supplier and in the concentrations applicable, are classified and hence require reporting in this section.

The total concentration of ingredients in this product, reported or not in this section, is 100%.

Occupational exposure limits, if available, are listed in Section 8.

4 First-aid measures

Description of necessary first aid measures

- Eye contact** : Immediately flush eyes with plenty of water, occasionally lifting the upper and lower eyelids. Check for and remove any contact lenses. Continue to rinse for at least 10 minutes. Get medical attention if irritation occurs.
- Inhalation** : Remove victim to fresh air and keep at rest in a position comfortable for breathing. If not breathing, if breathing is irregular or if respiratory arrest occurs, provide artificial respiration or oxygen by trained personnel. It may be dangerous to the person providing aid to give mouth-to-mouth resuscitation. Get medical attention if adverse health effects persist or are severe. If unconscious, place in recovery position and get medical attention immediately. Maintain an open airway. Loosen tight clothing such as a collar, tie, belt or waistband. In case of inhalation of decomposition products in a fire, symptoms may be delayed. The exposed person may need to be kept under medical surveillance for 48 hours.
- Skin contact** : Flush contaminated skin with plenty of water. Remove contaminated clothing and shoes. Get medical attention if symptoms occur. Wash clothing before reuse. Clean shoes thoroughly before reuse.
- Ingestion** : Wash out mouth with water. Remove dentures if any. If material has been swallowed and the exposed person is conscious, give small quantities of water to drink. Stop if the exposed person feels sick as vomiting may be dangerous. Do not induce vomiting unless directed to do so by medical personnel. If vomiting occurs, the head should be kept low so that vomit does not enter the lungs. Get medical attention. If necessary, call a poison center or physician. Never give anything by mouth to an unconscious person. If unconscious, place in recovery position and get medical attention immediately. Maintain an open airway. Loosen tight clothing such as a collar, tie, belt or waistband.

Most important symptoms/effects, acute and delayed

Potential acute health effects

- Eye contact** : No known significant effects or critical hazards.
- Inhalation** : No known significant effects or critical hazards.
- Skin contact** : No known significant effects or critical hazards.
- Ingestion** : Harmful if swallowed.

Over-exposure signs/symptoms

- Eye contact** : No specific data.
- Inhalation** : No specific data.
- Skin contact** : No specific data.
- Ingestion** : No specific data.

Indication of immediate medical attention and special treatment needed, if necessary

4 First-aid measures

- Notes to physician** : In case of inhalation of decomposition products in a fire, symptoms may be delayed. The exposed person may need to be kept under medical surveillance for 48 hours.
- Specific treatments** : No specific treatment.
- Protection of first-aiders** : No action shall be taken involving any personal risk or without suitable training. It may be dangerous to the person providing aid to give mouth-to-mouth resuscitation.

See toxicological information (Section 11)

5 Fire-fighting measures

Extinguishing media

Suitable extinguishing media : Use an extinguishing agent suitable for the surrounding fire.

Unsuitable extinguishing media : None known.

Specific hazards arising from the chemical : No specific fire or explosion hazard.

Hazardous thermal decomposition products : Decomposition products may include the following materials:
carbon dioxide
carbon monoxide
nitrogen oxides

Special protective actions for fire-fighters : Promptly isolate the scene by removing all persons from the vicinity of the incident if there is a fire. No action shall be taken involving any personal risk or without suitable training.

Special protective equipment for fire-fighters : Fire-fighters should wear appropriate protective equipment and self-contained breathing apparatus (SCBA) with a full face-piece operated in positive pressure mode.

Hazchem code : Not applicable

6 Accidental release measures

Personal precautions, protective equipment and emergency procedures

For non-emergency personnel : No action shall be taken involving any personal risk or without suitable training. Evacuate surrounding areas. Keep unnecessary and unprotected personnel from entering. Do not touch or walk through spilt material. Provide adequate ventilation. Wear appropriate respirator when ventilation is inadequate. Put on appropriate personal protective equipment.

For emergency responders : If specialised clothing is required to deal with the spillage, take note of any information in Section 8 on suitable and unsuitable materials. See also the information in "For non-emergency personnel".

Environmental precautions : Avoid dispersal of spilt material and runoff and contact with soil, waterways, drains and sewers. Inform the relevant authorities if the product has caused environmental pollution (sewers, waterways, soil or air).

Methods and material for containment and cleaning up

Small spill : Move containers from spill area. Avoid dust generation. Using a vacuum with HEPA filter will reduce dust dispersal. Place spilled material in a designated, labeled waste container. Dispose of via a licensed waste disposal contractor.

Large spill : Move containers from spill area. Approach the release from upwind. Prevent entry into sewers, water courses, basements or confined areas. Avoid dust generation. Do not dry sweep. Vacuum dust with equipment fitted with a HEPA filter and place in a closed, labeled waste container. Dispose of via a licensed waste disposal contractor.

6 Accidental release measures

See Section 1 for emergency contact information.

See Section 8 for information on appropriate personal protective equipment.

See Section 13 for additional waste treatment information.

7 Handling and storage

Precautions for safe handling

- Protective measures** : Put on appropriate personal protective equipment (see Section 8). Do not ingest. Avoid contact with eyes, skin and clothing. Keep in the original container or an approved alternative made from a compatible material, kept tightly closed when not in use. Empty containers retain product residue and can be hazardous. Do not reuse container.
- Advice on general occupational hygiene** : Eating, drinking and smoking should be prohibited in areas where this material is handled, stored and processed. Workers should wash hands and face before eating, drinking and smoking. Remove contaminated clothing and protective equipment before entering eating areas. See also Section 8 for additional information on hygiene measures.

- Conditions for safe storage, including any incompatibilities** : Store between the following temperatures: 10 to 30°C (50 to 86°F). Store in accordance with local regulations. Store in original container protected from direct sunlight in a dry, cool and well-ventilated area, away from incompatible materials (see Section 10) and food and drink. Keep container tightly closed and sealed until ready for use. Containers that have been opened must be carefully resealed and kept upright to prevent leakage. Do not store in unlabelled containers. Use appropriate containment to avoid environmental contamination. See Section 10 for incompatible materials before handling or use.

8 Exposure controls/personal protection

Control parameters

Australia

Occupational exposure limits

Ingredient name	Exposure limits
paracetamol	EH40/2005 WELs (United Kingdom (UK), 1/2020) TWA 8 hours: 10 mg/m ³ . Form: inhalable dust.
Starch	Safe Work Australia (Australia, 1/2024) TWA 8 hours: 10 mg/m ³ .

Biological exposure indices

No exposure indices known.

New Zealand

Occupational exposure limits

Ingredient name	Exposure limits
paracetamol	EH40/2005 WELs (United Kingdom (UK), 1/2020) TWA 8 hours: 10 mg/m ³ . Form: inhalable dust.
Starch	HSWA 2015 - HSW (GRWM) 2016. Workplace exposure standards (WES) (New Zealand, 11/2023) WES-TWA 8 hours: 10 mg/m ³ .

Biological exposure indices

No exposure indices known.

8 Exposure controls/personal protection

- Appropriate engineering controls** : Good general ventilation should be sufficient to control worker exposure to airborne contaminants.
- Environmental exposure controls** : Emissions from ventilation or work process equipment should be checked to ensure they comply with the requirements of environmental protection legislation. In some cases, fume scrubbers, filters or engineering modifications to the process equipment will be necessary to reduce emissions to acceptable levels.

Individual protection measures

- Hygiene measures** : Wash hands, forearms and face thoroughly after handling chemical products, before eating, smoking and using the lavatory and at the end of the working period. Appropriate techniques should be used to remove potentially contaminated clothing. Wash contaminated clothing before reusing. Ensure that eyewash stations and safety showers are close to the workstation location.
- Eye/face protection** : Safety eyewear complying with an approved standard should be used when a risk assessment indicates this is necessary to avoid exposure to liquid splashes, mists, gases or dusts. If contact is possible, the following protection should be worn, unless the assessment indicates a higher degree of protection: safety glasses with side-shields.
- Skin protection**
- Hand protection** : Chemical-resistant, impervious gloves complying with an approved standard should be worn at all times when handling chemical products if a risk assessment indicates this is necessary. Considering the parameters specified by the glove manufacturer, check during use that the gloves are still retaining their protective properties. It should be noted that the time to breakthrough for any glove material may be different for different glove manufacturers. In the case of mixtures, consisting of several substances, the protection time of the gloves cannot be accurately estimated.
- Body protection** : Personal protective equipment for the body should be selected based on the task being performed and the risks involved and should be approved by a specialist before handling this product.
- Other skin protection** : Appropriate footwear and any additional skin protection measures should be selected based on the task being performed and the risks involved and should be approved by a specialist before handling this product.
- Respiratory protection** : Based on the hazard and potential for exposure, select a respirator that meets the appropriate standard or certification. Respirators must be used according to a respiratory protection program to ensure proper fitting, training, and other important aspects of use.

9 Physical and chemical properties

The conditions of measurement of all properties are at standard temperature and pressure unless otherwise indicated.

Appearance

- Physical state** : Solid. [Capsules]
- Colour** : Red. Blue.
- Odour** : Characteristic.
- Odour threshold** : Not available.
- pH** : Not available.
- Melting point/freezing point** : Not available.
- Boiling point or initial boiling point and boiling range** : Not available.
- Flash point** : Not applicable.
- Evaporation rate** : Not available.
- Flammability** : Not available.

9 Physical and chemical properties

Lower and upper explosion limit/flammability limit	: Not applicable.
Vapour pressure	: Not available.
Relative vapour density	: Not applicable.
Relative density	: Not available.
Partition coefficient: n-octanol/water	: Not applicable.
Auto-ignition temperature	: Not applicable.
Decomposition temperature	: Not available.
Viscosity	: Dynamic (room temperature): Not available. Kinematic (room temperature): Not available. Kinematic (40°C (104°F)): Not available.

Particle characteristics

Median particle size	: Not available.
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10 Stability and reactivity

Reactivity	: No specific test data related to reactivity available for this product or its ingredients.
Chemical stability	: The product is stable.
Possibility of hazardous reactions	: Under normal conditions of storage and use, hazardous reactions will not occur.
Conditions to avoid	: No specific data.
Incompatible materials	: No specific data.
Hazardous decomposition products	: Under normal conditions of storage and use, hazardous decomposition products should not be produced.

11 Toxicological information

Information on toxicological effects

Acute toxicity

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Skin corrosion/irritation

Product/ingredient name

Starch

Result

Human - Skin - Mild irritant

Duration of treatment/exposure: 72 hours

Amount/concentration applied: 300 ug l

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Serious eye damage/eye irritation

Not available.

Conclusion/Summary[Product] : Causes serious eye irritation. Calculation method

Respiratory corrosion/irritation

11 Toxicological information

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Respiratory or skin sensitization

Not available.

Skin

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Respiratory

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Germ cell mutagenicity

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Carcinogenicity

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Reproductive toxicity

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Based on available data, the classification criteria are not met.

Specific target organ toxicity (single exposure)

Not available.

Specific target organ toxicity (repeated exposure)

Not available.

Aspiration hazard

Not available.

Information on likely routes of exposure

Not available.

Potential acute health effects

Eye contact : No known significant effects or critical hazards.

Inhalation : No known significant effects or critical hazards.

Skin contact : No known significant effects or critical hazards.

Ingestion : Harmful if swallowed.

11 Toxicological information

Symptoms related to the physical, chemical and toxicological characteristics

Eye contact	: No specific data.
Inhalation	: No specific data.
Skin contact	: No specific data.
Ingestion	: No specific data.

Delayed and immediate effects as well as chronic effects from short and long-term exposure

Short term exposure

Potential immediate effects	: Not available.
Potential delayed effects	: Not available.

Long term exposure

Potential immediate effects	: Not available.
Potential delayed effects	: Not available.

Potential chronic health effects

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

General	: No known significant effects or critical hazards.
Carcinogenicity	: No known significant effects or critical hazards.
Germ Cell Mutagenicity	: No known significant effects or critical hazards.
Developmental effects	: No known significant effects or critical hazards.
Developmental effects	: No known significant effects or critical hazards.

Numerical measures of toxicity

Acute toxicity estimates

Route	ATE value
Oral	560.18 mg/kg

12 Ecological information

Toxicity

Not available.

Conclusion/Summary[Product] : Based on available data, the classification criteria are not met.

Persistence and degradability

Not available.

Conclusion/Summary[Product] : Not available.

Bioaccumulative potential

12 Ecological information

Product/ingredient name	LogP _{ow}	BCF	Potential
paracetamol	0.4	-	Low

Mobility in soil

Soil/water partition coefficient : Not available.

Other adverse effects

No known significant effects or critical hazards.

13 Disposal considerations

Disposal methods : The generation of waste should be avoided or minimised wherever possible. Disposal of this product, solutions and any by-products should at all times comply with the requirements of environmental protection and waste disposal legislation and any regional local authority requirements. Dispose of surplus and non-recyclable products via a licensed waste disposal contractor. Waste should not be disposed of untreated to the sewer unless fully compliant with the requirements of all authorities with jurisdiction. Waste packaging should be recycled. Incineration or landfill should only be considered when recycling is not feasible. This material and its container must be disposed of in a safe way. Care should be taken when handling emptied containers that have not been cleaned or rinsed out. Empty containers or liners may retain some product residues. Avoid dispersal of spilt material and runoff and contact with soil, waterways, drains and sewers.

14 Transport information

	ADG	ADR/RID	IMDG	IATA
UN number	Not regulated.	Not regulated.	Not regulated.	Not regulated.
UN proper shipping name	-	-	-	-
Transport hazard class(es)	-	-	-	-
Packing group	-	-	-	-
Environmental hazards	No.	No.	No.	No.

Hazchem code : Not applicable

Special precautions for user : **Transport within user's premises:** always transport in closed containers that are upright and secure. Ensure that persons transporting the product know what to do in the event of an accident or spillage.

Transport in bulk according to IMO instruments : Not available.

15 Regulatory information

Standard for the Uniform Scheduling of Medicines and Poisons

Not scheduled

Australia inventory of Industrial Chemicals (AIIC) : Not applicable.

New Zealand Inventory of Chemicals (NZIoC) : All components are listed or excluded.

HSNO Group Standard : Not applicable.

HSNO Approval Number : Not applicable

Approved Handler Requirement : No.

Tracking Requirement : No.

16 Other information

Key to abbreviations : ADG = Australian Dangerous Goods
 ADR = The European Agreement concerning the International Carriage of Dangerous Goods by Road
 RID = The Regulations concerning the International Carriage of Dangerous Goods by Rail
 IATA = International Air Transport Association
 IMDG = International Maritime Dangerous Goods
 GHS = Globally Harmonized System of Classification and Labelling of Chemicals
 IBC = Intermediate Bulk Container
 SUSMP = Standard Uniform Schedule of Medicine and Poisons
 UN = United Nations
 SWA = Safe Work Australia
 HSNO = Hazardous Substances and New Organisms Act 1996

Date of issue / Date of revision : 08/07/2026

Version : 1
 (Version for updated GHS Revision 7 PSDS Template)

Procedure used to derive the classification

Classification	Justification
ACUTE TOXICITY (oral) - Category 4	Calculation method

References : Not available.

Indicates information that has changed from previously issued version.

Notice to reader

To the best of our knowledge, the information contained herein is accurate. However, neither the above-named supplier, nor any of its subsidiaries, assumes any liability whatsoever for the accuracy or completeness of the information contained herein.

Final determination of suitability of any material is the sole responsibility of the user. All materials may present unknown hazards and should be used with caution. Although certain hazards are described herein, we cannot guarantee that these are the only hazards that exist.

Please read all labels carefully before using product.